

SPORTS AND FITNESS DISCIPLESHIP TRAINING SCHOOL



*DO YOU WANT TO GO ON
AN ADVENTURE THAT
WILL CHANGE YOU
FOREVER?*

*WOULD YOU LIKE TO DEEPEN
YOUR RELATIONSHIP WITH
GOD WHILE LEARNING ABOUT
FITNESS AND REFINING YOUR
SKILLS ATHLETICALLY?*

*DO YOU DESIRE TO MAKE
AN IMPACT ON YOUR
WORLD FOR GOD USING THE
ATHLETIC TALENT HE HAS
PLACED WITHIN YOU?*



DO YOU WANT TO KNOW THE DESTINY GOD HAS FOR YOUR LIFE?

*DO YOU WANT FRIENDS
FOR A LIFETIME?*



*IS YOUR HEART LONGING TO
HEAR THE LORD'S VOICE DAILY?*

If your answer to any of the above questions is "YES", then join us for YWAM Orlando's missions training: Discipleship Training School (DTS) and School of Evangelism (SOE)!

The purpose of the five month DTS is to help you develop a dynamic love relationship with Jesus, and cause you to want to obey Christ's last command, "Go and make disciples of all nations..." (Matt. 28:19). We desire to send forth laborers to the mission fields of the world--from the jungles of the Amazon, to the concrete jungles of New York City. The DTS program emphasizes heart transformation and character development, not the accumulation of knowledge. It's a journey to discover the heart of God and learn His ways. In DTS, knowing God personally and intimately is the bottom line! During the Sports and Fitness DTS you will learn more about God and His heart for the nations while developing your vision to reach the world through sports. This DTS will prepare you to use your God given athletic ability to reach the unreached! You do not have to be in top shape to join, but you should have an interest in using your athletic ability to reach the nations.

The DTS, as well as the five-month SOE, are intense, seven-day-a-week, spiritual "boot camps" designed to lay a foundation in your life that will equip you to make a dynamic difference in your world! Both of these schools are prerequisites for those interested in joining our full-time mission's staff.

See back for more specific information.

COURSE CONTENT:

The DTS is divided into two phases: A three-month lecture phase followed by a two-month outreach phase.

I. LECTURE PHASE

The first three months of DTS includes the following:

A. CLASSROOM CURRICULUM--You will receive powerful teaching from Christian leaders and experienced missionaries on topics like:

1. Hearing God's Voice
2. The Character and Ways of God
3. Relationship with God and Others
4. Personal Character Development
5. Worship and Spiritual Warfare
6. Gaining God's Heart for a Lost World
7. Evangelism and World Missions

There will also be physical fitness topics covered during the lecture phase as well as during the two week seminar following the outreach phase. For a list of those topics see our website at: www.ywamorlando.org/short_term_sports_and_fitness.aspx

B. SMALL GROUPS--Purpose of the small groups are:

1. To build deeper relationships with one of the staff members and a few other students.
2. To create an opportunity for students to ask questions regarding the teaching, to share what God is doing in his/her life, and receive prayer and to support from the group.

C. INTERCESSION GROUPS--Intercession is prayer where we put ourselves in the place of identifying with existing needs, seeking the Lord's direction on how to pray, and seeking His intervention in that particular situation. During these times we mainly focus on the nations of the world and on needs other than our own.

D. PERSONAL DEVOTIONS--This time is set aside each day for you to be alone with God. It's the most important time of the day for personal growth.

E. REQUIRED READING-- Set up to compliment the classroom curriculum, this list changes from school to school.

F. COMMUNITY RESPONSIBILITIES--Each student works about two hours a day on the base. Some adjustments are made for families. There are also community responsibilities on the weekends. The purposes for community responsibilities are:

1. Community responsibilities significantly keep the cost of the school down by providing needed help in areas such as maintenance, cooking, cleaning, and office work.
2. The Bible encourages us to do everything as unto the Lord. Working hard and with joy is a class in itself and therefore an important part of training.

G. DAILY SCHEDULE--An average day during the lecture phase would look something like this:

5:45am	Calisthenics
6:45am	Breakfast
7:45am	Personal Devotion
8:30am	Intercession

10:00am	Teaching
12:30pm	Lunch
1:30pm	Teaching/Small Group
3:15pm	Community Responsibilities
4:30pm	Calisthenics
5:30pm	Dinner
7-8:00pm	Evening Session

II. OUTREACH PHASE--The ten-week DTS outreach is designed to expose you to the needs of the lost and help you see them as our Father does. The location of the trip will vary from school to school. Applying the principles and perspectives learned during the lecture phase, you will see how God can use you to extend His kingdom on earth!

You will be able to deliver the message of life and hope that brings healing to the nations. You will share Christ's love in various ways: child evangelism, sharing testimonies, church ministry, and practical help to the poor and needy. You will also use your athletic abilities and talents placed in you but specific on how that will look will be determined after the school begins and we can assess the talent/ability of the school. Whenever possible, teams work alongside an existing work, channeling new believers into that fellowship. You will then return to the base for a time of sharing and celebrating what God has done.

III. SEMINAR FOLLOWUP — What also make this DTS unique is that it can act as the two-week basic course pre-requisite for the University of the Nation's college of arts and sports "**Physical Fitness Trainer Certification**" seminar. Students, who successfully complete this DTS, will be given the opportunity to attend an additional two week advanced physical fitness seminar immediately following the return from the DTS outreach phase! Successful completion of the seminar will qualify and credential you in four primary areas that include:

- Personal Trainer
- Group Fitness Instructor
- School Physical Education and Sports Training Instructor
- Athletic Enhancement Specialist (including sport speed development).

REQUIREMENTS FOR DTS:

Applicants must be at least 18 years of age (or have a high school diploma\GED). Most importantly, you need a desire and hunger to know, love, and serve God!

AFTER THE DTS TRAINING:

Since the DTS is only half of the training originally designed by YWAM, the five-month School of Evangelism (SOE) is a must! The SOE focuses on the message and the methods of leadership and ministry - equipping you with powerful tools to minister to the needs of the world.

After the DTS and a School of Ministry Development (SOMD), there are numerous opportunities to be a full-time staff member with YWAM, whether here in Orlando or at one of the over 1,100 YWAM centers in over 171 countries around the world.

Your future is too important to leave to chance. You have the potential to make an impact on your world for God! Come join us!